



Classmate Questionnaire – 50 Years

Fifty years!! How can that be? This questionnaire will be used to update our classmates on our journeys through life. Please provide the following information for our 50th reunion website directory. Return electronically by August 1, 2026 to admin@1976sjhsmanassas.com. In an effort to mitigate any risks associated with adding this information to our SJHS Class of 1976 website, we ask that answers be in a generic format. Please note: if there is information you would like to not be included online, please leave blank.

First and Last Name, previous names and nicknames: Jay Wolford
City and state of current residence (skip specific street address): Chesapeake, VA or Pembroke, VA
The quick update – where has life taken you in the last 50 years? (A brief 2-3 sentence summary of your journey): Virginia Tech to San Diego, CA to Fort Hood TX. Resume looks like the yellow pages until I landed with Trugreen for the past 39 years.
Your passions and free time (What hobbies, interests or volunteering activities keep you busy?): same as before hunting, fishing when I can find the time. A little woodworking and gardening every now and then.
Favorite memories and milestones (A favorite life experience or adventure): Scouting, Graduations, Promotions, 42 years married
What do you consider your greatest accomplishment in the last 50 years: Great family
Travels and Adventures (Share a few of the favorite places you've visited and/or any place still on your bucket list): 3 states to go, The Disneys and Seaworlds, bucket list would be a few train trips through the western US

Family Joy (If you'd like to share, tell us about your family make up, avoid specific names and ages due to privacy concerns):
Married Lorraine Howell SJHS '80. 3 kids 1 boy 2 girls (all college degreed both Bachelor's & Masters), 2 grandkids 1 boy & 1girl

SJHS Flashback (Share a fun, general memory of our high school days):
Football games and baseball

Then vs. Now (share music/hobby you enjoyed in 1976 vs. what you enjoy now): I still like the same stuff. There is a lot to be said for consistency.

Message to our class (share anything else you'd like our classmates to know about you): Building a new home in southwest VA.

Are you planning to attend our 50th reunion on October 3, 2026? yes

Attach current photo here:

